RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Course

RE LEVEL I • FOUNDATION COURSE: Part **1A**, September 20–22, 2019; Part **1B**, October 4–6, 2019
Friday & Saturday 8:30am—6:30pm; Sunday 8:30am—1:00pm • Camphill Village Kimberton Hills, Kimberton, PA

Rhythmic Einreibung is a nursing treatment that gently enlivens, warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

**Part 1 Course for Nurses, Massage Therapist, Health Care Professionals, Parents, and Caregivers.** Students will be introduced to the theory of rhythmical and life processes through instruction and practice, and will learn:

- The qualities of rhythmical touch and how to provide them.
- The meaning of the warmth organism and its importance in therapy.
- Application of the rhythmical qualities in other nursing situations.
- Indications and contraindications of Rhythmic Einreibung and Nursing Compresses.
- Rhythmic Einreibung of the sitting back, legs, and feet.

The learning process is experiential and imaginative, imparting a living knowledge of Rhythmic Einreibung that participants can integrate into their healthcare practices and life situations. A mentoring process is available to those who wish to continue with this training.

**Course Tuition:**
- $595 for early registration received on or before July 20th, 2019.
- $695 for registration after July 20th, 2019.
- Deduct NAANA Membership discount of $25 as applicable.

**Cancellation Policy:**
1. Full refund, less $50 admin fee: written notice received before August 20th.
2. 50% refund: written notice received after August 20th.
3. Cancellations after September 6th will not be eligible for a refund.

**Registration:**
Online registration with PayPal is available via website: [www.anthroposophicnursing.org - courses/events](http://www.anthroposophicnursing.org - courses/events). Or send the registration form below with full payment to:

Karen Alderfer, 1525 Evans Road, Pottstown, PA 19465

**FACULTY**
Karen Moyer Alderfer, RN, BSN, ANS, RES/T, is an Anthroposophical Nurse Specialist, Rhythmic Einreibung Specialist and Teacher. She teaches RE in the USA.

Pregnancy and some medical conditions are contraindications for receiving Rhythmic Einreibung in a practice setting. Before registering, please notify the course coordinators if you are pregnant or have a medical condition.

*For Information about this course, contact:*
Karen at karen.alderfer@gmail.com or 610-310-7897

*For information about NAANA & NAANA courses, go to [https://www.anthroposophicnursing.org](https://www.anthroposophicnursing.org) or email: AnthroNursing@gmail.com*

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**REGISTRATION:** RHYTHMICAL EINREIBUNG, PART 1 COURSES • Part **1A**, Sept 20–22 • Part **1B**, Oct 4–6, 2019

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