

RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Course

RE LEVEL 1 • PART 1 FOUNDATION COURSE: August 3-7 2019

Austin Waldorf School (Kg), 8700 South View Rd., Austin, TX

Rhythmical Einreibung is a nursing treatment that gently enlivens, warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.

RE Part 2 Course - to be announced.

Part 1 Course for Nurses, Massage Therapists, Parents and Care-givers. Students will be introduced to the theory of rhythmical and life processes through instruction and practice and will learn:

- The qualities of rhythmical touch and how to provide them.
- The meaning of the warmth organism and its importance in therapy.
- Application of the rhythmical qualities in other nursing situations.
- Indications and contraindications of Rhythmical/Einreibung.
- Rhythmical Einreibung of the back, legs and feet.

The learning process is experiential and imaginative, offering a living knowledge of Rhythmical Einreibung that participants can integrate into their health care practices and life situations. Pregnancy and some medical conditions are contraindications for receiving Rhythmical Einreibung in a practice setting; please notify the course coordinators if you are pregnant or have a medical condition. A mentoring process is available to those who wish to complete the Foundation Course.

Costs of the course:

\$595 for early registration.

\$570 with NAANA Membership: discount of \$25.

\$695 for registration after June 15th, 2019.

A healthy snack will be served; meals and accommodation are not included in the fee.

Suggested dates for cancellation:

1. Full refund, less \$50 admin fee: receive before June 1st, 2019.
2. 50% refund: receive before June 15th, 2019.
3. After June 15th 2019: not eligible for refund. Other person may be substituted for \$50 admin fee.



FACULTY

Anke Smeele RN, ANS, RET is a Specialist in Anthroposophic Nursing and Rhythmical Einreibungen. She studied under Edelgard Grosse-Brauchman. Anke is currently Board Member for the Anthroposophic Nursing Association (NAANA), and teaches in the Foundation course and Specialist training for Anthroposophic Nurses at the IPMT.

Course Assistant:

Barbara Bresette Mills • bjbres@gmail.com

Cell phone: 512 417-4968

Online registration and Paypal – go to www.anthroposophicnursing.org - courses/events
Alternatively: send registration form with full payment to:

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11001 Burnt Oak Dr.
Austin, TX 78737



www.anthroposophicnursing.org

REGISTRATION: RHYTHMICAL EINREIBUNG / August 3-7, 2019 • LEVEL 1 / PART 1 • FOUNDATION COURSE • Austin, TX

NAME:

ADDRESS:

TELEPHONE:

EMAIL:

PROFESSION:

RE EXPERIENCE:

AMOUNT OF \$ ENCLOSED:

Write Checks to: 'NAANA'. Write in check memo: 'RE FC Part 1 Austin, TX - 2019'