



CARE I Colloquium

Pregnancy, birth and early childhood –
how do we create the basis for the
healthy development of the human being?

Thursday to Saturday
20 to 22 June 2019

Medical Section

Goetheanum

Dornach, February 2019

Dear Colleagues

The early part of life exerts a defining influence on our health for the rest of our lives. Parents are reliant on support during this early phase in the life of their children; at the same time they are often still uncertain and very open towards suggestions from others.

The CARE I working group of the Medical Section at the Goetheanum has attempted to make a start on working out a position on an interdisciplinary basis across specialisms in the fields of pregnancy support, obstetrics, nursing and neonatology, early intervention, artistic therapies as well as in the educational and medical support of parents and their children.

The task of CARE I is seen as seeking to obtain concrete insights from the perspective of spiritual science to support everyone working in this field. These can then be used to build comprehensible, experience-based concepts for the respective issues and disorders which can be applied in practice. The presentation of these concepts for professionals will be supplemented with formats for communication with expectant mothers and with parents.

This colloquium is intended to present and debate the content which has been developed so far.

This invitation is extended to all foundation years specialists: gynaecologists as well as midwives, neonatologists, paediatricians and general practitioners, nurses and teachers, psychotherapists and therapists, social workers as well as active representatives of parent associations.

We look forward to the exchange of views.

Claudia Grah-Wittich, Christoph Meinecke and Georg Soldner
For the preparatory group

Workshops

- Workshop 1** In dialogue with the parents of children in need of special care
C. Stolzenburg
- Workshop 2** Metamorphosis of the birth processes in childhood and youth
F. Osswald
- Workshop 3** How can we support the development of autonomy in early childhood?
C. Grah-Wittich
- Workshop 4** How can we support particular paths of development in inclusive daycare?
I. v. Mackensen
- Workshop 5** The five basic senses and the development of attachment
E. Schoorel
- Workshop 6** Sleep and sleep disorders in early childhood
G. Soldner, Cr. Meinecke
- Workshop 7** Caesarean section and vaginal delivery
J. Büchler, A. Kuck, A. Maaser
- Workshop 8** Collaboration with parents in early childhood
L. Tormes, C. Aerts, S. Schmidt-Troschke
- Workshop 9** From the dictionary of gestures – the gesture of breastfeeding
I. Heine, R. Heine
- Workshop 10** Media fasting
P. Bleckmann, D. Martin, S. Schwarz
- Workshop 11** Arriving in security –
a paediatric prevention lecture on the third day of life
Ch. Meinecke
- Workshop 12** Rhythrical Einreibung for infants and toddlers
A. Beisswenger

Thursday, 20 June

15.00	<i>Welcome and introduction to the conference topic</i>
15.15–16.30	<i>Lecture</i> Basic attitudes with regard to healthy development in pregnancy, birth and early childhood <i>B. Gollmer, C. Grah-Wittich, N. Hurst, A. Maaser, Ch. Meinecke</i>
16.30–17.00	<i>Coffee break</i>
17.00–18.00	<i>Work in groups</i> How do we support parents and families in dealing with their needs and concerns during pregnancy, birth and early childhood
18.00–18.30	<i>Plenary discussion</i> Results from the groups on the topic
18.30–19.30	<i>Evening meal</i>
19.30–21.00	<i>Panel discussion</i> Becoming parents – what do families need during pregnancy? <i>B. Gollmer, M. Groh-Schulz, A. Kuck, A. Maaser, Ch. Meinecke, Cr. Meinecke, M. Rijärvi, S. Schmidt-Troschke</i> <i>Moderator: G. Soldner</i>

Friday, 21 June

08.30–09.10	Eurythmy in pregnancy Presentation and joint exercises <i>M. Groh-Schulz</i>
09.15–10.30	Lecture What care and support is required to help the maturing process of the premature child? <i>M. Bissegger, N. Hurst, J. Vagedes</i>
10.30–11.15	Coffee break
11.15–12.15	Work in profession-related small groups What impulses do we take away for our professional group?
12.15–13.00	Plenary discussion Results from the groups on the topic <i>Moderator: C. Grah-Wittich</i>
13.00–15.00	Lunch
15.00–16.30	Lecture Care and education in early childhood – an account from three areas of life <i>I. and R. Heine, C. Grah-Wittich, Cr. Meinecke</i>
16.30–17.00	Coffee break
17.00–18.30	Interprofessional workshops 1 to 12
18.30–19.30	Evening meal
19.30–21.00	The birth process Introduction – the fourfold birth <i>G. Soldner</i> Birth from the perspective of the midwife <i>M. Rijärvi</i> Birth from the perspective of the obstetrician <i>A. Kuck</i> Birth from the perspective of the paediatrician <i>Ch. Meinecke</i> Birth from the perspective of the teacher <i>C. Grah-Wittich</i>

Saturday, 22 June

08.30–09.10 ***Eurythmy in pregnancy***
Presentation and joint exercises
M. Groh-Schulz

09.15–10.45 ***Lectures***
What is important for parents today?
Presentation of a survey
J. Vagedes

Parenting today in the international comparison
S. Schmid-Troschke, L. Tormes

Update on media in early childhood
D. Martin, S. Schwarz, P. Bleckmann

10.45–11.15 ***Coffee break***

11.15–12.00 ***Lecture***
Warm up to fever
D. Martin

12.00–13.00 ***Evaluation and conclusion***
What do we have, what is still missing, what are our next steps?
Moderator: G. Soldner

● Subject to change ●

Publishing information



Medical Section at the Goetheanum
Rüttiweg 45, 4143 Dornach, Switzerland
Tel +41 61 706 44 75 / Fax +41 61 706 42 91
info@medsektion-goetheanum.ch
www.medsektion-goetheanum.org

Booking Form

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CARE I Colloquium

Pregnancy, birth and early childhood

Conference of the Medical Section

at the Goetheanum from Thursday, 20 to Saturday, 22 June 2019

Application requested prior to: Thursday, 6 June 2019

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

Ms Mr

Name, first name

Billing address private address address of institution

if so, name of institution

Street, n°

Town

Postcode

Country

Phone/fax

Email

Occupation

I need translation into English German

Conference ticket without meals

CHF 250 (regular price) CHF 125 (concessions¹) CHF 375 (with sponsorship²)

Meals (1 lunch, 2 evening meal) CHF75

Food intolerance --- Gluten Lactose

Workshops 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

Parking at the Goetheanum Parking permit: CHF 14

Insurance Cancellation insurance (5% of the total costs, CHF 10 minimum)

See cancellation conditions in the General Information

Payment methods

on invoice (only Switzerland and Euro zone)

Credit card (all countries) Visa MasterCard

Card number: _____ / _____ / _____ / _____ Expiry date: ____ / ____

I agree to the terms of payment and cancellation.

Place, date, signature

Biannual events magazine (Pdf-Download): www.goetheanum.org/en/events/events-magazine

¹Concessions apply for students, schoolchildren, OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. Proof of status has to be submitted with your booking form.

²Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

³ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

Terms and Conditions will be sent on request or can be accessed online at https://www.goetheanum.org/fileadmin/vk/AGB_EN.pdf

General Information

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Conference of the Medical Section

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Conference fees: regular price: CHF 250 with meals: CHF 325

concessions¹: CHF 125 with meals: CHF 200

with sponsorship²: CHF 375 with meals: CHF 450

Conference meals

Conference meals (vegetarian with dessert) include 1 lunch and 2 evening meal at CHF 75 in total.

The meals cannot be booked separately. Lactose-free and gluten-free dishes can be provided. We regret that any other food intolerances cannot be catered for.

Parking permit

For the period of the conference: CHF 14 (not right next to the Goetheanum building).

If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

On receipt of a group application, the respective institution will receive the account for the group. Subsequent bookings can only be applied for and paid on an individual basis.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account). Please note that we only send out invoices up until 14 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Other countries: Once your booking has been processed you will receive a confirmation by post or email. The amount due will either be charged to your credit card or you can pay on arrival. Bank transfers are not possible.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at the Reception until half an hour before the conference starts, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the beginning of the conference (6.6.2019, date of posting). After that, 50% of the conference fee will be charged. Meals and parking permit may be cancelled free of charge up to 1 day prior to the begin of the conference (19.6.2019). Cancellation on the day when the conference begins or failure to attend are subject to an invoice of the total of 100%. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 5% of total costs (CHF 10 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure. Please ask for our terms of insurance or visit www.goetheanum.org/fileadmin/vk/AVB_EN.pdf.

Data processing: All data will be electronically recorded and filed and not passed on to any third party.

Goetheanum Guest Houses and Accommodation

Haus Friedwart from CHF 75, about 5 min. walk to the Goetheanum

phone +41 61 706 42 82, www.friedwart.ch

Begegnungszentrum from CHF 30, about 10 min. walk to the Goetheanum

phone +41 61 706 42 82, friedwart@goetheanum.ch

Accommodation bureau rooms from CHF 55

kontakt@rooms-dornach.ch; www.rooms-dornach.ch

Prices are per person per night. Prices for accommodation cannot be guaranteed.

You can find further accommodations on our website: www.goetheanum.org/4283.html